

The National Autistic Society West Cumbria Branch

# Workington Leisure Centre and Pool 2010



[www.nas-westcumbria.org.uk](http://www.nas-westcumbria.org.uk)

Revision 4 – 18<sup>th</sup> July 2010

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The following swimming, soft-play and trampoline sessions have been organized for 2010.

Date	Details	Note
19 July 2010	Trampoline 11-12 Soft Play 11-12.30	
23 July 2010	Swimming 10-12 Soft Play 12-1	
26 July 2010	Trampoline 11-12 Soft Play 11-12.30	
30 July 2010	Swimming 10-12 Soft Play 12-1	
02 August 2010	Trampoline 11-12 Soft Play 11-12.30	***Extra Session***
04 August 2010	Trampoline 11-12 Soft Play 11-12.30	*****Cancelled*****
06 August 2010	Swimming 10-12 Soft Play 12-1	
09 August 2010	Trampoline 11-12 Soft Play 11-12.30	
13 August 2010	Swimming 10-12 Soft Play 12-1	
16 August 2010	Trampoline 11-12 Soft Play 11-12.30	
20 August 2010	Swimming 10-12 Soft Play 12-1	
23 August 2010	Trampoline 11-12 Soft Play 11-12.30	
27 August 2010	Swimming 10-12 Soft Play 12-1	
30 August 2010 ***Cancelled***	Trampoline 11-12 Soft Play 11-12.30 ***Cancelled***	Bank Holiday ***Cancelled***
01 September 2010	Trampoline 11-12 Soft Play 11-12.30	***Extra Session***
03 September 2010	Swimming 10-12 Soft Play 12-1	
25 October 2010	Trampoline 11-12 Soft Play 11-12.30	***Extra Session***
27 October 2010	Trampoline 11-12 Soft Play 11-12.30	***Cancelled***
29 October 2010	Swimming 10-12 Soft Play 12-1	

Please Note: All participants must be pre-registered and you must organise your own supervision. Once registered for the first session you can attend all the sessions for the year. Please contact me via e-mail or telephone to register.

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