

The National Autistic Society West Cumbria Branch

Activities 2009

www.nas-westcumbria.org.uk



Netherhall Sports Centre

Swimming Pool

Swimming: 6:00pm – 7:00pm

Every Wednesday

Please Note: There is no need to pre-register. You must organise your own supervision. To help keep this session running there is a suggested voluntary donation of £1 per person using the session (please give your donation to the Netherhall Reception Staff).